

## How do I know if the FSS Program is right for me?

### If you're motivated...

- To improve the conditions of your life
- To set your own goals
- To reach out for the help you need
- To increase your income through suitable employment
- To work at obtaining and maintaining suitable full-time employment



You may find that the incentive provided by HUD is the extra push you need to get going ...  
**and Reach Your Goals!**

### Have you asked yourself these questions:

- How do I choose a career?
- What kind of job would I like?
- Where can I get the training I need?
- What kind of education do I need?

*You may be ready for a career change!*

At RUPCO, we're helping individuals and families build, create and achieve their dreams:

**One person,  
One family,  
At a time.**

### Contact information:

**FSS Coordinator**  
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*Strengthening Homes, Communities and Lives*

289 Fair Street  
Kingston, NY 12401  
**845. 331.2140**  
**www.RUPCO.org**

## Family Self-Sufficiency Program



If you can dream it,  
we can help  
you achieve it.



**RUPCO.org**



## What can I expect from the FSS Program?

Through the FSS Program, you can expect help in finding and using support services effectively to assist you in reaching your goals. Some of the services we will direct you to include:

- Job Training and Employment Counseling
- Education and Program Enrollment Information
- Financial Counseling
- Life Skills and Personal Development
- Homeownership Counseling

## Am I eligible?

You may participate if you:

- Currently receive Section 8/Housing Choice Voucher (HCV) rental assistance through RUPCO.
- Are motivated to improve the quality of your life through earned income/employment.

There is no risk to your rental assistance by participating in FSS, as long as you are following Section 8/HCV rules.

***“Arriving at one goal is the starting point of another.”*** – John Dewey

## What benefits do I receive?

You get the satisfaction of knowing that your family is able to meet its needs. You will learn how to make the most of available resources and gain access to the support services you need.

As a bonus, the **U.S. Department of Housing & Urban Development (HUD)** will establish a savings (escrow) account in your name and add money to it every time your earned income increases!

The money is set aside for you while you work toward accomplishing your goals. Some of the savings can be used to help you in reaching these goals, such as work attire or tools, books for school, debt reduction, down payment on a home, or maintenance expenses for a car.

Upon completion of your goals, you will receive all of the funds in your escrow account. There is no limit to what you can receive when you graduate from FSS. **RUPCO has awarded checks for over \$20,000!**

## What can I achieve?

When you work through the FSS Program, you are working towards goals that you set forth. However, there are a few goals FSS has for you:

- You will be employed full-time (at least 30 hours per week) by the end of the five-year contract.
- You will be completely off TANF assistance for at least one year prior to program completion. (But you may still receive Food Stamps or HEAP.)
- You will complete activities that you choose to help you meet your goals.
- You will work cooperatively with the FSS Coordinator when any changes occur.



## Get started!

**If you're interested in joining, simply submit a completed application. To apply:**

- Ask your HCV/Section 8 caseworker
- Come by the RUPCO main office at 289 Fair Street in Kingston to pick up an application Monday-Friday, 8:30am and 4:30pm.